



Tuesday 26<sup>th</sup> September 2023

Dear Parents and Carers,

**IMPORTANT INFORMATION:**

We have a number of children across school who have a **SEVERE** nut allergy which could result in a serious or potentially life-threatening, medical emergency.

Nut allergies may not solely occur when someone eats nuts or foods containing nuts. In some cases, being touched on the skin by someone who has had nuts or even airborne particles can cause severe allergies that can trigger anaphylaxis, leading to possible breathing and swallowing difficulties. In such an instance, our staff are trained to use prescribed Epi-pens (an injection of adrenalin) for those children that need them.

Due to the allergies we have in school, we ask that families carefully consider ingredients of foods brought onto the premises for snacks and/or lunches.

Please avoid bringing anything that contains nuts into school to support us in keeping all our pupils safe and well. We have always aimed to minimise nut-based products in school and do not use nuts in any of our prepared food on site at school.

To support us with this, please refrain from including foods such as the following in lunches/snacks brought into school:

- Peanut butter and chocolate spreads
- Cereal/granola bars containing nuts
- Cakes/biscuits/cookies containing or made with nuts
- Chocolate/sweets containing nuts
- Bags/sachets of nuts/mixed nuts
- Satay or sauces containing nuts

**\*This list is not exhaustive - please check packaging carefully\***

We are aware that this is another thing to check but we really do appreciate your help and support in ensuring the safety of our pupils in school. If you have any questions, please do not hesitate to speak to a member of the staff team.

Thank you for your support with this.

Kind regards,

Mrs Gaulton and the PV team

