**PROSPECT VALE EYFS AND KS1 LONG TERM PLAN – PE**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

•master basic movements ,including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

•participate in team games, developing simple tactics for attacking and defending

•perform dances using simple movement patterns

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | Gymnastics  Dance | Gymnastics  Dance | Gymnastics  Dance  Ball skills | Gym/Dance  Games  Ball skills | Games  Athletics | Games  Athletics |
| Year 1 | Gymnastics  Dance | Gymnastics  Dance | Gymnastics  Dance | Games  Throwing/catching  Ball skills | Games  Aiming  Athletics | Games  Hit/kick  Athletics |
| Year 2 | Gymnastics  Dance | Gymnastics  Dance | Gymnastics  Dance | Games  Team  Athletics | Games  Throw/catch  Athletics | Games  Dribble/kick/hit  Athletics |

\*Schemes of work – Rawmarsh, Val Sabin, Top dance, beginning athletics etc in PPA room

\*Games equipment in PE cupboards – cricket, lacrosse, football, hockey, rounders, rugby, golf, tennis, badminton, netball – athletics hurdles, javelins etc – sports day equipment.